



**Joseph Lateo is a registered practicing Remedial Therapist, Spa Bodywork Specialist, Corporate Trainer and a Natural Therapies Lecturer from Sydney who holds diplomas in Remedial Massage, Remedial Therapies and Advanced Spa Techniques. A member of the Australian Traditional Medicine Society since 1985, Joseph has delivered relaxation/rehabilitative therapy for some of the largest day spas in South East Asia over the last ten years. During 2000-2004 he upgraded 6 Day Spas in Singapore, including the largest Day Spa in Asia (Amrita-Swissotel), where he was employed as the Body Works specialist Trainer for Amrita Spa (Singapore), the largest Day Spa in Asia, where his duties included overseeing the rudimentary operations of all staff to deliver total customer satisfaction.**

**His specialities in massage techniques include Swedish, Shiatsu, Deep Tissue and Reflexology. Since the late 1980's, Joseph has actively worked in the healthcare profession both institutionally and self-employed for the last twenty-five years. Throughout his experience, his attitude has changed from feeling that, relaxation therapy is a perk for de-stressing, to, believing that it should be an integral part of one's lifestyle, enabling, encouraging and maintaining a healthy mind, body and soul.**

**Joseph has been in the training industry since 1997 and holds a Certificate IV Trainer & Assessor. With over twenty years experience in the health care (SPA) industry and having successfully operated his own healthcare clinic in both Australia and Singapore, Joseph has lectured in subjects such as Anatomy & Physiology, Aromatherapy, Remedial, Swedish, Sports (Deep Tissue) and Shiatsu massage, Iridology, Reflexology, Bach Flower Essences, Chinese Remedial Therapies, Hot Stone Therapy, communication skills, motivational training and how to manage your own practice.**

**Some of Joseph's achievements include programming development and implementation management protocols for spa business structures and upgrading system strategies that are essential for achieving bottom line profitability. His personal credentials include the administration of Manual Lymphatic Drainage on pre/post surgery patients (brain damaged) at Sydney's New South Wales Brain Foundation Clinic, where he created advanced body care programs for patients with musculoskeletal disorders, mostly car accident victims who were bedridden.**

*“I consider myself to be a dedicated professional with a fresh and dynamic approach to seeking new challenges. My successful career has been built upon with pride and willingness to give my time freely in assisting my students, peers and colleagues. My people management skills and communicating effectively with others have been my primary points of focus in attaining goals particularly to those seeking a career within the ever-growing relaxation industry, especially the spa industry”*

## **QUALIFICATIONS**

**AWT Institute NSW:  
Cert IV Training & Assessment (TAA40104)**

**St John Ambulance Australia:  
Certificate Senior First Aid**

**Occupational Health & Safety Council:  
Certificate OHS**

**Premier College NSW:  
Cert IV Practice Management (S3061A)**

**Australian College Natural Therapies:**

**Diploma Remedial Massage**

**Diploma Remedial Therapies**

**Advanced Certificate Spa Therapy**

**Raffles International Training Centre (Singapore):**

**Interpersonal Skills Certificate**

**Grooming and Deportment**

**Southern Institute of Technology (TAFE~NSW):**

**Certificate National Teaching & Learning (NTL)**

**Certificate Toolkit for Teachers Staff Development**

**Certificate Classroom Management**

**Institute of Technology & Communications (TAFE~NSW):**

**Certificate Communication Skills**

**Teach International:**

**Cert IV TESOL~completing**